

# Mattins

## Versicle & Response

We pause for a moment in silence.

Then the following may be said:

or sung:



O Lord, o-pen our lips,



And our mouth shall pro-claim your praise.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spl-rit;



as it was in the be-gin-ning, is now and shall be for e-ver. A-men.



Al - - le - - lu - in.

O Lord open our lips  
and we shall praise your  
name

Glory Be...

*opening antiphon for the day/season/festival*

## Venite (Psalm 95 also on the inside front of the book)

Come, ring out our joy to the Lord;  
hail the God who saves us.  
Let us come before him giving thanks,  
with songs let us hail the Lord

A mighty God is the Lord,  
a great king above all gods.  
In his hand are the depths of the earth;  
the heights of the mountains are his.  
To him belongs the sea for he made it,  
and the dry land shaped by his hands.

Come in; let us bow and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people that belong to his pasture,  
the flock that is led by his hand.

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.

For forty years I was wearied of these people  
and I said: "Their hearts are astray,  
these people do not know my ways."  
Then I took an oath in my anger:  
"Never shall they enter my rest."

Glory be to the Father, and to the Son, and to the  
Holy Spirit. As it was in the beginning, is now, and  
ever shall be. world without end. Amen.

*Opening antiphon, then the Psalms of the day with their  
respective antiphons*

*The Holy Scripture appointed for the day followed by  
the responsory which includes:*

Glory be to the Father, and to the Son, and to the Holy  
Spirit.

*Benedictus Antiphon for the day/season/festival*

## The Benedictus (Luke 1:67-79 also on inside back of the book)

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear,  
and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father, and to the Son, and to the  
Holy Spirit. As it was in the beginning, is now, and  
ever shall be. world without end. Amen.

*Benedictus Antiphon for the day/season/festival  
followed by intercessions, and the Lord's Prayer*

Our Father, who art in heaven  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.

*The Collect of the day follows.*

The Lord be with you.  
And also with you

May Almighty God bless us, the +Father, the Son and  
the Holy Spirit.  
Amen

Go in the peace of Christ  
Thanks be to God.

*We may conclude with an anthem to Our Lady  
(overleaf)*

# Marian Devotions

## **Alma Redemptoris Mater** *(Advent to Candlemas)*

Mother of Christ,  
hear thou thy people's cry,  
Star of the deep and portal of the sky!  
mother of Him, who thee from nothing made,  
sinking we strive and call to thee for aid:  
Oh, by that joy which Gabriel  
brought to thee,  
Thou Virgin first and last,  
let us thy mercy see.

## **Ave, Regina caelorum** *(Candlemas to Holy Week)*

Hail, Queen of Heaven, beyond compare  
to whom the angels homage pay;  
hail, Root of Jesse Gate of light,  
that opened for the world's new day.

Rejoice O Virgin unsurpassed,  
in whom our ransom was begun,  
for all your loving children pray  
to Christ, our Saviour, and your Son.

## **Regina Caeli** *(Eastertide)*

Joy to thee, O Queen of Heaven. Alleluia!  
He whom thou wast meet to bear. Alleluia!  
As he promised hath arisen. Alleluia!  
Pour for us to God thy prayer. Alleluia!

## **Salve Regina** *(Trinity Sunday to Advent)*

Hail Holy Queen, Mother of Mercy;  
Hail, our life, our sweetness and our hope!  
To thee do we cry  
poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this vale of tears.  
Turn then, most gracious Advocate,  
thine eyes of mercy towards us;  
and after this our exile, show unto us the  
blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.

*or*

Hail our Queen and Mother blest!  
Joy when all was sadness,  
Life and hope you give mankind,  
Mother of our gladness!  
Children of the sinful Eve,  
Sinless-Eve, befriend us,  
Exiled in this vale of tears,  
Strength and comfort send us!

Pray for us, O Patroness,  
Be our consolation!  
Lead us home to see your Son,  
Jesus, our salvation!  
Gracious are you, full of grace,  
Loving us none other,  
Joy of heaven and joy of earth,  
Mary, God's own Mother!

## **Angelus Domini**

V: The Angel of the Lord brought tidings to  
Mary

R: *And she conceived by the Holy Ghost.*

V: Hail Mary, full of grace: The Lord is with  
thee. Blessed art thou among women  
and blessed is the fruit of thy womb,  
Jesus.

R: *Holy Mary, Mother of God: Pray for us  
sinners now and at the hour of our  
death. Amen.*

V: Behold, the handmaid of the Lord.

R: *Be it done unto me according to thy  
word.*

V: Hail Mary ...

V: And the Word was made flesh

R: *And dwelt among us.*

V: Hail Mary ...

V: Pray for us, O holy Mother of God,

R: *That we may be made worthy of the  
promises of Christ.*

V: Let us pray.

Pr: Pour your grace into our hearts, O Lord,  
that, as we have known the Incarnation of  
your Son, by the message of an Angel, so  
by His +Cross and Passion we may come to  
share in the glory of His Resurrection,  
through the same Jesus Christ, our Lord,  
**Amen.**